

# Denise Marie McDermott M.D.

Redondo Beach, CA • Manhattan Beach, CA  
Denise@DrDeniseMcDermott.com • 310.944.9493  
DrDeniseMcDermott.com  
CA Medical License #A67858  
NPI #182-123-3891

## Summary

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I have been in private practice in the South Bay (Los Angeles) passionately treating children, adolescents, and adults since 2001. My goal is to empower you, your child, and your family to reach their fullest “mental wellness” potential. The therapeutic alliance between doctor-patient is of the utmost importance to allow someone to divulge their complete history. One of my strengths is that I truly see the “best version” of whomever I am assessing the first time I meet them. This is felt by my patients and fosters a trust and co-collaboration, which puts people on a fast track to wellness.

## Areas of Expertise

- ADHD & Autism
- Anxiety, Mood & Eating Disorders
- Addiction
- Tourette’s Disorders
- Sexuality: Intimacy Wellness
- Gender Issues
- Grief & Life Experiences

## Education

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**Creighton University and Creighton University School of Medicine**, Omaha, NE, 1988 – 1996: B.S. and M.D.

**Emory University**, Atlanta, GA, 1999: Adult Psychiatry Residency

**UCLA-NPI**, Los Angeles, CA, 2001: Child & Adolescent Psychiatry Fellowship

## Work & Research Experience

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**Undergraduate:** Teaching Assistant, General biology, Teaching Assistant, Biometry, Calculus Tutor, Organic Chemistry Tutor

**Medical School:** Psychiatry case presenter for Dr. Karl Menniger School of Psychiatry, AMSA Program Lecturer, “Alcoholism in Teenagers”

**Fellowship/Residency:** *Medical Student Mentor – Introduction to Mental Status Exam*

**Post-Graduate Training:** Teaching Assistant, General biology, Teaching Assistant, Biometry, Calculus Tutor, Organic Chemistry Tutor

**Research:** Grant-in-Aid of Research from Sigma Xi, The Scientific Research Society. Undergraduate research project: “Localization of Sequences Responsible for Apparent DNA Bending in a cloned segment {region M} of Micro nuclear DNA from *Tetrahymena Thermophila*”

**UCLA/NPI**, ADHD Clinical Trials, *Los Angeles, CA, Aug 2001 – April 2003*

**UCLA**, *Child Psychiatry Lecturer, Los Angeles, CA, 2001 – 2006*

**Staff Psychiatrist**, *Hathaway Children’s Services*

**Psychiatric Evaluations**, *Pleasant Valley State Prison*

**Acting Medical Officer:** *Grady Psychiatric Emergency Room, Dekalb Crisis Center, Grady Emergency Room*

**Private Practice**, Redondo Beach, CA 2001 – Present

**Private Practice**, Manhattan Beach, CA 2013 – Present

## Honors & Leadership

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- Undergraduate: Summa Cum Laude, Dean’s Honor List, 1988 – 1992, Phi Sigma Society, Biology Honor Society, Campaign Creighton Scholarship, Clare Booth Luce Scholarship, Vice President – Pre-Medical Society, Group Leader for Incoming Freshmen
- Medical School: Omicron Delta Kappa National Leadership Honors Society, Honors in Psychiatry, Pediatrics & Family Practice Rotations, AMWA Student Leadership Award, Admissions Committee – School of Medicine, Medical School Alumni Phone-a-Thon, Freshman Orientation Committee, Volunteer Sophomore Buddy Committee, Volunteer Medical Student Recruitment Program, Volunteer Student Housing Program, Volunteer Clinical Rounds Program for Underclassmen
- University: Chief Resident 2000-2001, Resident Recruitment Committee, Reform Committee, Interviewer – Incoming Applicants
- Fellowship/Residency: Physician Recognition Award, UCLA
- 2014 Leading Physicians of the World: Top Psychiatrist
- Physician Recognition Award, UCLA, 2000
- Professional Organizations: American Academy of Child and Adolescent Psychiatry, American Psychiatric Association, Southern California Child Psychiatric Society 2000 – Present, President of the Southern California Child Psychiatric Society 2005 – 2006